



## What is Let's Talk Money?

- £ Budgeting
- £ Money saving tips
- £ Money Management
- £ Sorting out personal finances

This programme has been developed to fit with the realities families face everyday in an interactive way. The two hour sessions explore attitudes to spending, saving, borrowing and budgeting and how to make financial choices. Each week participants will discuss, work as teams and individually to look at their own financial attitudes with a view to prioritising and considering future sources of help. Developed by learning partnerships and IPF and groups of parents, this programme aims to 'narrow the gap' and improve the quality of life for the people living in Leeds.

**Where?** HLNL

**Time?** 9.30-12pm

**When?** Every 6 weeks from Tuesday 12th January to 23rd February 2010 (excluding half term ~ week commencing 15/02/10).

To book contact Jo Thorpe here at Healthy Living Network Leeds

Tel: 0113 2951045

Email: [j.thorpe@healthylivingnetworkleeds.org.uk](mailto:j.thorpe@healthylivingnetworkleeds.org.uk)



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