



At last we are able to offer these short 'bitesize' training sessions especially designed to help you in your community.

- Are you a group of community members who would like support and advice about running your group?
- Do you need to raise funds through grants and donations etc?
- Do you need to recruit and retain volunteers to help with your project?

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If the answers are **YES** to any of these questions then maybe we can help you.

Coming in the New Year book your place now

Getting organised -
Wed Jan 27th

Who does what?
Keeping it simple
Management structures
What's on the Agenda?

Finance and Funding -
Wed 3rd Feb

Handling cash
How to spend the money?
Getting Funds

Volunteers -
Wed 10th Feb

What can they do?
Keeping them interested
Little thankyou's mean a lot

There will be a £15 charge for each session.
Some free places, **Interested?** Contact Christine for more info.



Bursaries available from VAL on our website
www.healthylivingnetworkleeds.org.uk

Take a bite here at HLNL 0113 2951043
Unit 4, Armley Park Court, Stanningley Road, Leeds, LS12 2AE
info@healthylivingnetworkleeds.org.uk



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